

SPED 3302.01: A Study of Emotional and Behavioral Disorders of Children and Youth

Application and analysis assignment #1

Overview: This is the second of two application and analysis assignments. Each assignment is worth 10 points. These assignments are applied and/or reflective activities that encourage students to think more deeply about the course content and to begin to integrate the new learning into their professional habits of mind.

Detailed instructions: For this assignment, you will view and critique a TED Talk on mental health.

1. **Step 1 – Identify the TED Talk.** TED Talks have provided an influential venue for exploring new ideas and examining our own beliefs and preconceptions. TED currently has 5 active playlists on mental health (a total of 34 different talks). Select 1 TED Talk from one of the lists below to critique.
 - a. **The importance of self-care:**
https://www.ted.com/playlists/299/the_importance_of_self_care
 - b. **Let's end the silence around suicide:**
https://www.ted.com/playlists/296/let_s_end_the_silence_around_s
 - c. **Overcoming depression:**
https://www.ted.com/playlists/287/4_ted_talks_on_overcoming_depr
 - d. **The struggle of mental health:**
https://www.ted.com/playlists/175/the_struggle_of_mental_health
 - e. **All kinds of minds:** https://www.ted.com/playlists/9/all_kinds_of_minds
2. **Step 2 – Viewing the TED Talk.** Plan to watch the film at least three times. The first time will allow you to become comfortable with the overall message. The second viewing will allow you to focus your analysis. By the third viewing, you should be ready to take notes and frame your paper.
3. **Step 3 – Writing the TED Talk critique.** Your written paper should address the following questions. The paper should be 1-2 pages in length.
 - a. What is the title of the TED Talk (include the link)? Who is the speaker? What is her/his general background that leads the speaker to give this TED Talk?
 - b. What are the details of the speaker's mental health challenges and experiences? What have been the highs and lows of her/his experiences?
 - c. How does the speaker recommend that we approach mental health challenges? What are the key ideas and concepts that the speaker wants us to consider?
 - d. How did the TED Talk impact your thinking about mental health disorders and methods for supporting individuals with mental health challenges?
 - e. What is the speaker's most powerful message for children with mental health challenges, their families, and their teachers? (i.e., What is the biggest "take-away" from the TED Talk?)
4. **Step 4 – Submitting the assignment.** For this first assignment, please submit a printed copy to the instructor at the start of our Wednesday, February 15th class session.

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Overall writing quality	The final product is grammatically correct, structurally sound, cohesive, and clearly communicates the behavioral incident without any substantive errors.				There are multiple, substantive errors related to grammar, structure, and/or cohesion that negatively impact the clarity of the behavioral incident.
Introduction and overview (questions A and B)	The paper provides a general background on the speaker and includes considerable details of the speaker's mental health challenges and experiences.				The paper is missing significant amounts of the required elements.
Key approaches and ideas (question C)	The paper provides a detailed description of the speaker's recommendations of how we approach mental health challenges and the key ideas/concepts that she/he wants us to consider.				The paper is missing significant amounts of the required elements. There is little to no description of the views and opinions that the speaker was striving to convey in the talk.
Own thinking (question D)	The paper details your impressions and opinions of how the TED Talk impacted your thinking about mental health disorders and methods for supporting individuals with mental health challenges are clearly stated and supported by evidence from your viewing of the talk. Your analysis demonstrates a willingness to entertain new ways of thinking and approaching mental health disorders.				Your impressions and opinions of the TED Talk are not stated and there is a need for significant amounts of detail on the required elements.
Message for children, families, and teachers (question E)	The paper details the speaker's most powerful message for children with mental health challenges, their families, and their teachers. The description of the message is inclusive of all of these audiences and is supported by evidence from the talk.				The paper does not detail that speaker's message for these audiences and needs significant amounts of supporting detail.